

Afterschool Program Overview

During the afterschool program at the Boys & Girls Clubs of Santa Cruz County, Club members are encouraged to participate in a variety of programs and activities that promote good character, academic success, personal responsibility, exploration and fun. While at the Club, members are placed in age appropriate groups and have scheduled time in each of our program areas, ensuring they receive a fulfilling, well-rounded afterschool experience. Below you will find information on how we structure a typical day:

Sample Daily Schedule

- 2:00 - 3:45pm Check in, Free time & Snack
- 3:45 - 4:00pm Assembly
- 4:00 - 5:00pm Power Hour (Homework hour)
- 5:00 - 5:15pm Assembly
- 5:15 - 6:45pm Rotations:

Time	Games Room	Art	Gym	Computers
5:15 - 6:00	6 & 7	8 & 9	10 & up	6 & 7
6:00 - 6:45	8 & 9	10 & up	6 & 7	8 & 9

- 5:45 - 6:45pm Open Swim
- 6:45 - 7:00pm Clean up



Weekly Program Highlights

- **Open Swim:** Mondays & Fridays 5:45 - 6:45pm, Wednesdays 3:00 - 4:00pm
Teen Only Swim: Wednesdays 5:45 - 6:45pm
- **Technology Program:** Daily computer activities will feature lessons on coding, MinecraftEdu, Internet safety sessions, as well as other education-based game play.
- **Creative Arts:** Members will work both individually and in groups to create works of art using a variety of media. Projects will include: collage, drawing, watercolor and acrylic painting, arts and crafts, group mural projects and much more.
- **Education & Academic Enrichment:** Club members will participate in activities relating to the following areas:
 - Science based learning
 - Anti-bullying and self-advocacy
 - Health and life skills classes with emphasis on healthy food choices and agricultural education
 - Monthly themes focusing on a variety of subjects with supporting projects and activities



Power Hour Monday - Thursday 4:00 - 5:00pm

We offer a free educational enhancement program called **Power Hour** which includes homework help and tutoring. Staff and volunteers provide assistance to members and distribute points and incentives for homework completion which can be exchanged for fun prizes. If members finish homework early, they can participate in other educational activities to further develop their skills.



Teen Programs

Teens aged 13 - 18 years old have their own dedicated Teen Room at the Boys & Girls Club. Throughout the day, teen Club members participate in a variety of programs and activities that promote healthy lifestyles, academic success, and good character and citizenship. Some of the specialized programs that we offer are outlined **on the back page of this brochure**. For more information on the Teen Program, please contact Teen Services Coordinator, April Ochoa, at april@boysandgirlsclub.info.

Special Interest Programs

Arts & Music

Music Lessons - ages 6 & up
Due to limited space and increasing popularity, Club members may only register for 3 consecutive sessions of music programs before they are required to take a break.

Piano Lessons

Beginner: Wednesday 2:45 - 3:15pm
Wednesday 3:30 - 4:00pm

Intermediate: Wednesday 4:15 - 4:45pm
Wednesday 5:00 - 5:30pm

Cost: \$35.00 per 4 week session

Guitar Lessons

Beginner: Monday 3:45 - 4:15pm
Monday 4:30 - 5:00pm

Advanced : Monday 5:15 - 5:45pm

Cost: \$35.00 per 4 week session

Studio Recording

ages 8 & up
Learn how to record and mix your own music in our professional recording studio.

Meets Tuesday & Thursday each week:

3:30-4:00pm 4:00-4:30pm 4:30-5:00pm
5:15-5:45pm 5:45-6:15pm

Cost: \$35.00 per 4 week session

Guitars Not Guns

ages 8 & up
Non-profit group teaches creativity and music to at-risk youth. No cost.

Meets Wednesdays 5:30 - 6:30pm
Special 9 wk session: Feb 14 - Apr 11

Cost: Free

Athletics

Karate Class

Traditional Korean Martial Art, Ho Kuk Mu Sul, taught by Laird's Academy in our clean, bright karate studio.

Beginning Class - 6 & up
Wednesdays & Fridays: 4:00 - 4:45pm

Intermediate Class - orange belts & up
Wednesdays & Fridays: 4:45 - 5:30pm

Cost: \$35.00 per 4 weeks

Basketball

3rd - 8th graders
League runs November - March
Registration Date: Sept 9th, 8am

Visit BGSCC.SIPLAY.COM for information

Cost: \$200* for one child
\$155* for additional siblings

Biddyball

1st and 2nd graders
Classes Saturdays Jan 11 - Mar 3
Registration Starts: Sept 9th, 8am

Visit BGSCC.SIPLAY.COM for information

Cost: \$125* per player for 8 weeks

*costs includes membership thru 2018

2018 Dodgeball League

ages 8 & up
League runs April 10th - May 17rd
Registration Opens: Feb 6th, 6pm

Catch, throw, and dodge your way through this exciting and fun league! Dodgeball games include traditional, basketball, army, and medic. Registration includes dodgeball shirts, tournament, and pizza party at the end of the season.

Tu and Th 5:00 - 6:00pm

Cost: \$25.00 for 6 weeks

Session & Registration Dates

Most special programs will be held in the 4 week sessions outlined below. Registration dates are Tuesday evenings, from **6pm - 8pm** on the date specified.

Session Dates	Registration Date
Session 1: Tue, September 5 - Sept 29	8/29
Session 2: October 9 - November 3	10/3
Session 3: November 13 - December 15 (no classes week of 11/20)	11/7
Session 4: January 8 - Feb 2	12/12
Session 5: February 12 - March 9	2/6
Session 6: March 19 - April 20 (no classes week of 4/2)	3/13
Session 7: Apr 30 - May 25	4/24
Summer Registration - ALL DAY, starting at 10am	5/15

Aquatics

Swim Lessons (Group or Private)

Group swim lessons

Ask at the Front Desk for a detailed description of skills required for each level. Classes meet twice a week.

Level 2: Tu and Th 4:00 - 4:30pm

Level 3: Tu and Th 4:40 - 5:10pm

Level 4: Tu and Th 5:20 - 5:50pm

Cost: \$35.00 per 4 week session

Private Swim Lessons

Days & Times TBD

Cost is \$40.00 per 45-minute class.

To schedule, talk to Front Desk or email: ismael@boysandgirlsclub.info



Swim Team / Water Polo

all ages
Level 4 swimmers. Combo class provides basic skills and understanding of water polo and swim team competition in a recreational format. Swim Team is continuous with no breaks between sessions. You may enroll any time, payment due per session, pro-rated for mid-session entry.

Mon, Wed, Fri 4 - 5:30pm

Cost: \$35.00 per 5 week period

Tiny Turtles

ages 2 - 5
Group swim school for absolute beginners. Four or fewer students per class. Caregivers may participate. Pool deck and locker rooms will be available from 12pm to 1pm. For more info, contact Aquatics Director, Ismael Alvarez at ismael@boysandgirlsclub.info

Registration Ongoing

Tuesdays 12:15 - 12:45pm

Cost: \$50 for 8 30-minute lessons

Clubs

SMART Girls

ages 8 - 11
Health, fitness, prevention/education, and self esteem enhancement program for girls. Program encourages healthy attitudes and lifestyles.

Fridays 4 - 5:00pm

Cost: FREE



Teen Programs

The Downtown Clubhouse Teen Room, run by April Ochoa, is a safe, private, fun place for teens to gather after school. April offers several BGCA designed programs throughout the week:

Power Hour / Teen Discussion Mon - Thu, 4:00 - 5:00pm

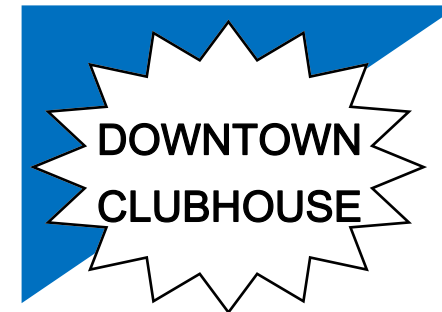
Toastmasters: Teens practice writing and public speaking skills.

SMART Girls: Health, fitness, prevention/education, and self-esteem enhancement programs for teens who identify as female. The program is designed to encourage healthy attitudes and lifestyles.

Games: Youth challenge themselves by working in teams to win at popular games.

Political Animals/ Know Your Rights Group: Teens research current political candidates and political stances that effect their daily lives. They hold mock debates and learn about the system that governs their lives. They also research what their rights are as students, as minors, as immigrants, and as young American citizens.

Passport to Manhood: This program fosters positive values and responsible behavior in boys 11 to 14 while giving them practice in making healthy decisions related to their physical, cognitive, emotional, and social development. As they build and practice life skills for decision-making, conflict resolution, and healthy relationships, boys learn the essential attitudes, values, and skills they need to become responsible adult men.



BOYS & GIRLS CLUBS
OF SANTA CRUZ COUNTY
DOWNTOWN CLUBHOUSE

2017-18 Afterschool Program

Bay View, Mission Hill and Gault Walking Bus

Club staff walk students to the Boys & Girls Club after school Mon - Fri. See front desk for registration.

Bay View walking bus details: Club staff meet students by cafeteria doors to small parking lot at 2:45, depart at 3pm, and arrive at Club by 3:30pm. On Wednesdays, meet at 12:45, depart at 1p, arrive at Club by 1:30p. Cost is \$5.00 per week paid in advance at the Club. *ONLY registered members will be picked up.*

Mission Hill Middle School walking bus details: Club staff will escort 6th, 7th & 8th graders from Mission Hill campus to the Club every day. Meet at the stairs out front on King St. This program is free of charge.

Gault walking bus details: Club staff meet students at picnic tables in school yard to depart Mon, Tues, Thurs, and Fri at 3p and Wednesdays at 1pm. \$10/week. *ONLY registered members will be picked up.*

Extended Hours Days & Club Closures

Extended Hours Days - open 7:30am-6pm

Cost: \$5.00 per day/child

Fri, November 10: Veterans' Day

Mon-Wed, November 20-22: Thanksgiving Break

December 22, 26-29, Jan 2-5: Winter Break

Fri, February 16: Lincoln's Birthday

Mon-Fri, April 2 - April 6: Spring Break

Adjusted Hours Days - open 10:00 am

Fri, January 19: Secondary school staff work day

Mon, January 22: Secondary school staff work day

Open Early Minimum Days - open 12:30 pm

Thurs, Dec 21: Winter Break Start

Fri, March 30: Spring Break Start

Early Closures - closed 6pm

Thu, Dec 14: Staff Party

Thu, Feb 8: Youth of the Year Banquet

Club Closures

Mon-Fri, August 21-25: Summer Cleanup Week

Mon, September 4: Labor Day

Thurs-Fri, November 23-24: Thanksgiving Holiday

Mon, December 25: Christmas Weekend

Mon, January 1: New Year's Weekend

Mon, January 15: Martin Luther King Jr. Day

Mon, February 19: Presidents' Day

Mon, May 28: Memorial Day

Mon-Fri, June 4-8: Summer Prep Week

Wed, July 4: Independence Day

Mon-Fri, Aug 20-24: Summer Cleanup Week



Monday – Friday

Program Hours: 2pm – 7pm

Wednesdays 12:30pm – 7pm

Open to youth ages 6 – 18

Annual membership: \$75

Activities Include

- Homework Assistance
- Games Room Tournaments
- Gym & Sports Activities
- Arts & Crafts and Music
- Computer & Technology Programs
- Recreational Swim
- Field Trips

For more information, contact us at:
543 Center Street, Santa Cruz, CA 95060
Phone: (831) 423-3138 ext. 22
www.boysandgirlsclub.info

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★ **Special Interest** ★
★ **Programs** ★
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Visit our website for updated program information:

www.boysandgirlsclub.info

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