

## Afterschool Program Overview

During the afterschool program at the Boys & Girls Clubs of Santa Cruz County, Club members are encouraged to participate in a variety of programs and activities that promote good character, academic success, personal responsibility, exploration and fun. While at the Club, members are placed in age appropriate groups and have scheduled time in each of our program areas, ensuring they receive a fulfilling, well-rounded afterschool experience. Below you will find information on how we structure a typical day:

### Sample Daily Schedule

2:00 - 3:45pm Check in, Free time & Snack  
 3:45 - 4:00pm Assembly  
 4:00 - 5:00pm Power Hour (Homework hour)  
 5:00 - 5:15pm Assembly  
 5:15 - 6:45pm Rotations:

Time	Games Room	Art	Gym	Computers
5:15 - 6:00	6 & 7	8 & 9	10 & up	6 & 7
6:00 - 6:45	8 & 9	10 & up	6 & 7	8 & 9

5:45 - 6:45pm Open Swim  
 6:45 - 7:00pm Clean up

### Weekly Program Highlights

- **Open Swim:** Mon, Thurs 5:45 - 6:45pm, Tues 5:15 - 6:15, Wed 2:00 - 3:00pm & Fridays 4:00 - 5:00pm
- **Technology Program:** Daily computer activities will feature lessons on coding, MinecraftEdu, Internet safety sessions, as well as other education-based game play.
- **Creative Arts:** Members will work both individually and in groups to create works of art using a variety of media. Projects will include: collage, drawing, watercolor and acrylic painting, arts and crafts, group mural projects and much more.
- **Education & Academic Enrichment:** Club members will participate in activities relating to the following areas:
  - Science based learning
  - Anti-bullying and self-advocacy
  - Health and life skills classes with emphasis on healthy food choices and agricultural education
  - Monthly themes focusing on a variety of subjects with supporting projects and activities



### Power Hour Monday - Thursday 4:00 - 5:00pm

We offer a free educational enhancement program called **Power Hour** which includes homework help and tutoring. Staff and volunteers provide assistance to members and distribute points and incentives for homework completion which can be exchanged for fun prizes. If members finish homework early, they can participate in other educational activities to further develop their skills.



### Teen Programs

Teens aged 13 - 18 years old have their own dedicated Teen Room at the Boys & Girls Club. Throughout the day, teen Club members participate in a variety of programs and activities that promote healthy lifestyles, academic success, and good character and citizenship. Some of the specialized programs that we offer are outlined **on the back page of this brochure**. For more information on the Teen Program, please contact Teen Services Coordinator, April Ochoa, at april@boysandgirlsclub.info.

## Special Interest Programs

### Arts & Music

**Music Lessons** - ages 6 & up  
 Due to limited space and increasing popularity, Club members may only register for 3 consecutive sessions of music programs before they are required to take a break.

#### Piano Lessons

Beginner: Monday 3:45 - 4:15pm  
 Tuesday 4:30 - 5:00pm  
 Wednesday 3:00 - 3:30pm  
 Intermediate: Monday 5:00 - 5:30pm  
 Wednesday 3:45 - 4:15pm  
 Wednesday 4:30 - 5:00pm

**Cost: \$35.00** per 4 week session

#### Guitar Lessons

Beginner: Monday 3:00 - 3:30pm  
 Intermediate: Wednesday 5:00 - 5:30pm

**Cost: \$35.00** per 4 week session

#### Studio Recording

ages 8 & up  
 Learn how to record and mix your own music in our professional recording studio.  
**Meets Tuesday & Thursday each week:**  
 3:30-4:00pm 4:00-4:30pm 4:30-5:00pm  
 5:15-5:45pm 5:45-6:15pm

**Cost: \$35.00** per 4 week session

### Clubs

#### French Language Club

ages 8 & up  
 Members will practice and learn basic French, learn about the history and geography of France, as well as explore current issues that face the country today.

**Fridays 4 - 5:00pm**

**Session 1 & 2**

**Cost: FREE**

### Session & Registration Dates

Most special programs will be held in the 4 week sessions outlined below. Registration dates are Tuesday evenings, from **6pm - 8pm** on the date specified.

Session Dates	Registration Date
Session 1: Tue, September 5 - Sept 29	<b>8/29</b>
Session 2: October 9 - November 3	<b>10/3</b>
Session 3: November 13 - December 15 (no classes week of 11/20)	<b>11/7</b>
Session 4: January 8 - Feb 2	<b>12/12</b>
Session 5: February 12 - March 9	<b>2/6</b>
Session 6: March 19 - April 20 (no classes week of 4/2)	<b>3/13</b>
Session 7: Apr 30 - May 25	<b>4/24</b>
Summer Registration - ALL DAY, starting at 10am	<b>5/15</b>

### Aquatics

#### Swim Lessons (Group or Private)

##### Group swim lessons

Ask at the Front Desk for a detailed description of skills required for each level.

Level 2: Wednesdays 4:00 - 4:30pm  
 Level 3: Wednesdays 4:40 - 5:10pm  
 Level 4: Wednesdays 5:20 - 5:50pm

**Cost: \$35.00** per 4 week session

##### Private Swim Lessons

Days & Times TBD

**Cost** is \$40.00 per 45-minute class.

To schedule a private swim lesson please make arrangements at the Front Desk or email: katee@boysandgirlsclub.info



#### Swim Team / Water Polo

6 & up  
 Level 4 swimmers. Combo class provides basic skills and understanding of water polo and swim team competition in a recreational format.

**Mon and Thurs 4 - 5:30pm**

**Session 1 Only**

**Cost: \$35.00** for 4 weeks

### Athletics

#### Karate Class

Traditional Korean Martial Art, Ho Kuk Mu Sul, taught by Laird's Academy in our clean, bright karate studio.

##### Beginning Class

6 & up  
 Wednesdays & Fridays: 4:00 - 4:45pm

##### Intermediate Class

orange belts & up  
 Wednesdays & Fridays: 4:45 - 5:30pm

**Cost: \$35.00** per 4 weeks

#### Basketball

3rd - 8th graders

##### League runs November - March

**Registration Date: Sept 9th, 8am**

League is open to both boys and girls 3rd-8th grades. Skill development and positive teamwork with a 10:1 player-to-coach ratio. One hour a week practices plus one hour a week games (starting in January), players learn ball handling, shooting, passing, moving without the ball, team defense, and team play. End-of-season championship tournament and BBQ. See website for additional details, including important PRE-REGISTRATION instructions.

**Cost: \$200\*** for one child  
**\$155\*** for additional siblings

#### Biddyball

1st and 2nd graders

**Classes Saturdays Jan 11 - Mar 3**

**Registration Starts: Sept 9th, 8am**

Classes open to boys and girls 1st & 2nd grades. Teaching fundamentals of basketball to young players. Focuses on the basics of ball handling, positioning, passing, shooting, and how to play a game. No tryouts required, open until spots are filled. See website for additional details.

**Cost: \$125\*** per player for 8 weeks

\*costs includes membership thru 2018

#### 2018 Dodgeball League

ages 8 & up

**League runs April 16th - May 23rd**

**Registration Opens: Feb 6th, 6pm**

Catch, throw, and dodge your way through this exciting and fun league! Dodgeball games include traditional, basketball, army, and medic. Registration includes dodgeball shirts, tournament, and pizza party at the end of the season.

Days / Times TBD

**Cost: \$25.00** for 6 weeks



## Teen Programs

The Downtown Clubhouse Teen Room, run by April Ochoa, is a safe, private, fun place for teens to gather after school. April offers several BGCA designed programs throughout the week:

**Power Hour / Teen Discussion** Mon - Thu, 4:00 - 5:00pm

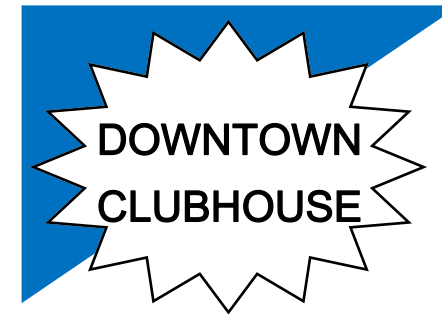
**Toastmasters:** Teens practice writing and public speaking skills.

**SMART Girls:** Health, fitness, prevention/education, and self-esteem enhancement programs for girls. The program is designed to encourage healthy attitudes and lifestyles.

**Games:** Youth challenge themselves by working in teams to win at popular games.

**Political Animals/ Know Your Rights Group:** Teens research current political candidates and political stances that effect their daily lives. They hold mock debates and learn about the system that governs their lives. They also research what their rights are as students, as minors, as immigrants, and as young American citizens.

**Passport to Manhood:** This program fosters positive values and responsible behavior in boys 11 to 14 while giving them practice in making healthy decisions related to their physical, cognitive, emotional, and social development. As they build and practice life skills for decision-making, conflict resolution, and healthy relationships, boys learn the essential attitudes, values, and skills they need to become responsible adult men.



**BOYS & GIRLS CLUBS**  
OF SANTA CRUZ COUNTY  
DOWNTOWN CLUBHOUSE

# 2017-18 Afterschool Program

### Bay View, Mission Hill and Gault Walking Bus

Club staff walk students to the Boys & Girls Club after school Mon - Fri. See front desk for registration.

**Bay View walking bus details:** Club staff meet students by cafeteria doors to small parking lot at 2:45, depart at 3pm, and arrive at Club by 3:30pm. On Wednesdays, meet at 12:45, depart at 1p, arrive at Club by 1:30p. Cost is \$5.00 per week paid in advance at the Club. *ONLY registered members will be picked up.*

**Mission Hill Middle School walking bus details:** Club staff will escort 6th, 7th & 8th graders from Mission Hill campus to the Club each day after school. This program is free of charge.

**Gault walking bus details:** Club staff meet students at picnic tables in school yard to depart Mon, Tues, Thurs, and Fri at 3p and Wednesdays at 1pm. \$10/week. *ONLY registered members will be picked up.*

### Extended Hours Days & Club Closures

**Extended Hours Days** - open 7:30am-6pm

Cost: \$5.00 per day/child

Fri, November 10: Veterans' Day

Mon-Wed, November 20-22: Thanksgiving Break

December 22, 26-29, Jan 2-5: Winter Break

Fri, February 16: Lincoln's Birthday

Mon-Fri, April 2 - April 6: Spring Break

**Adjusted Hours Days** - open 10:00 am

Fri, January 19: Secondary school staff work day

Mon, January 22: Secondary school staff work day

**Open Early Minimum Days** - open 12:30 pm

Thurs, Dec 21: Winter Break Start

Fri, March 30: Spring Break Start

**Early Closures - TENTATIVE**

Wed, Dec 13: Staff Party CLOSED 6PM

Thu, Mar 22: Youth of the Year Banquet CLOSED 6PM

### Club Closures

Mon-Fri, August 21-25: Summer Cleanup Week

Mon, September 4: Labor Day

Thurs-Fri, November 23-24: Thanksgiving Holiday

Mon, December 25: Christmas Weekend

Mon, January 1: New Year's Weekend

Mon, January 15: Martin Luther King Jr. Day

Mon, February 19: Presidents' Day

Mon, May 28: Memorial Day

Mon-Fri, June 4-8: Summer Prep Week

Wed, July 4: Independence Day

Mon-Fri, Aug 20-24: Summer Cleanup Week



### Monday – Friday

**Program Hours: 2pm – 7pm**

**Wednesdays 12:30pm – 7pm**

**Open to youth ages 6 – 18**

Annual membership: \$75

### Activities Include

- Homework Assistance
- Games Room Tournaments
- Gym & Sports Activities
- Arts & Crafts and Music
- Computer & Technology Programs
- Recreational Swim
- Field Trips

For more information, contact us at:  
**543 Center Street, Santa Cruz, CA 95060**  
**Phone: (831) 423-3138 ext. 22**  
**www.boysandgirlsclub.info**



Visit our website for updated program information:

[www.boysandgirlsclub.info](http://www.boysandgirlsclub.info)

Like us on Facebook for photos and updates

