

Afterschool Program Overview

During the afterschool program at the Boys & Girls Clubs of Santa Cruz County, Club members are encouraged to participate in a variety of programs and activities that promote good character, academic success, personal responsibility, exploration and fun. While at the Club, members are placed in age appropriate groups and have scheduled time in each of our program areas, ensuring they receive a fulfilling, well-rounded afterschool experience. Below you will find information on how we structure a typical day:

Sample Daily Schedule

- 2:00 - 3:45pm Check in, Free time & Snack
- 3:45 - 4:00pm Assembly
- 4:00 - 5:00pm Power Hour (Homework hour)
- 5:00 - 5:15pm Assembly
- 5:15 - 6:45pm Rotations:

Time	Games Room	Art	Gym	Computers
5:15 - 6:00	6 & 7	8 & 9	10 & up	6 & 7
6:00 - 6:45	8 & 9	10 & up	6 & 7	8 & 9

- 5:35 - 6:35pm Open Swim
- 6:45 - 7:00pm Clean up

Weekly Program Highlights

- **Open Swim:** Mon, Tue, Wed, Fri 5:35 - 6:35pm and Thursdays 5:55 - 6:35pm
- **Technology Program:** Daily computer activities will feature lessons on coding, MinecraftEdu, Internet safety sessions, as well as other education-based game play.
- **Creative Arts:** Members will work both individually and in groups to create works of art using a variety of media. Projects will include: collage, drawing, watercolor and acrylic painting, arts and crafts, group mural projects and much more.
- **Education & Academic Enrichment:** Club members will participate in activities relating to the following areas:
 - Science based learning
 - Financial literacy
 - Anti-bullying and self-advocacy
 - Health and life skills classes with emphasis on healthy food choices and agricultural education
 - Monthly themes focusing on a variety of subjects with supporting projects and activities



Power Hour Monday - Thursday 4:00 - 5:00pm

We offer a free educational enhancement program called **Power Hour** which includes homework help and tutoring. Staff and volunteers provide assistance to members and distribute points and incentives for homework completion which can be exchanged for fun prizes. If members finish homework early, they can participate in other educational activities to further develop their skills.



Teen Programs

Teens aged 12 - 18 years old have their own dedicated Teen Room at the Boys & Girls Club. Throughout the day, teen Club members participate in a variety of programs and activities that promote healthy lifestyles, academic success, and good character and citizenship. Some of the specialized programs that we offer are outlined **on the back page of this brochure**. For more information on the Teen Program, please contact Teen Services Coordinator, Michelle Rosas, at michelle@boysandgirlsclub.info.

Special Interest Programs

Arts & Music

Music Lessons - ages 6 & up
Due to limited space and increasing popularity, Club members may only register for 3 consecutive sessions of music programs before they are required to take a break.

Piano Lessons

Beginner: Monday 3:45 - 4:15pm
Monday 4:30 - 5:00pm
Wednesday 3:00 - 3:30pm

Intermediate: Monday 5:00 - 5:30pm
Wednesday 3:45 - 4:15pm
Wednesday 4:30 - 5:00pm

Cost: \$35.00 per 4 week session

Guitar Lessons

Beginner: Monday 3:00 - 3:30pm

Intermediate: Wednesday 5:00 - 5:30pm

Cost: \$35.00 per 4 week session

Guitars Not Guns

ages 8 & up
Non-profit group teaches creativity and music to at-risk youth. No cost..

Meets Wednesdays 5:30 - 6:30pm
Special 9 wk session: Mar 22 - May 17

Cost: Free

Children's Choir

ages 6 - 13
Students will learn how to read music through singing and group games. Performance on Thursday night, March 23.



Meets Wednesdays 2 - 3pm

Cost: Free

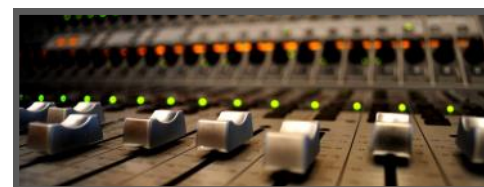


Studio Recording

ages 8 & up
Learn how to record and mix your own music in our professional recording studio.

Meets Tuesday & Thursday each week:
3:30-4:00pm 4:00-4:30pm 4:30-5:00pm
5:15-5:45pm 5:45-6:15pm

Cost: \$35.00 per 4 week session



Aquatics

Swim Lessons (Group or Private)

Group swim lessons

Ask at the Front Desk for a detailed description of skills required for each level.

Level 2: Thursdays 4:00 - 4:30pm

Level 3: Thursdays 4:40 - 5:10pm

Level 4: Thursdays 5:20 - 5:50pm

Cost: \$35.00 per 4 week session



Swim Team / Water Polo

ages 6 & up
Level 4 swimmers. Combo class provides basic skills and understanding of water polo and swim team competition in a recreational format.

Mon, Wed, Fri 4 - 5:30pm

Special 10-week Sessions

Winter: Jan 9 - Mar 17

Registration begins 11/8

Spring: Mar 20 - June 2

Registration begins 3/14

No classes during Spring Break 4/3 - 7

Cost: \$95.00 (pro-rated for late entry)

Athletics

Karate Class

Traditional Korean Martial Art, Ho Kuk Mu Sul, taught by Laird's Academy in our clean, bright karate studio.

Beginning Class

- 6 & up
Wednesdays & Fridays: 4:00 - 4:45pm

Intermediate Class

- orange belts & up
Wednesdays & Fridays: 4:45 - 5:30pm

Cost: \$35.00 per 4 weeks



Dodgeball League

ages 8 & up
League runs April 10th - May 10th
Registration Opens: Feb 7th, 6pm

Catch, throw, dodge in this exciting league! Registration includes league play, dodgeball team t-shirts, awards and much more!

Mondays & Wednesdays 5:00 - 6:00pm

Cost: \$25.00 for 5 weeks

Girls Volleyball

ages 8 & up

CANCELLED

Session & Registration Dates

Most special programs will be held in the 4 week sessions outlined below. Registration dates are Tuesday evenings, from **6pm - 8pm** on the date specified.

Session Dates	Registration Date
Session 1: Tue, September 6 - Sept 30	8/30
Session 2: October 10 - November 4	10/4
Session 3: November 14 - December 16 (no classes week of 11/ 21)	11/8
Session 4: January 9 - Feb 3	12/13
Session 5: February 13 - March 10	2/7
Session 6: March 20 - April 21 (no classes week of 4/3)	3/14
Session 7: May 1 - May 26	4/25
Summer Registration - ALL DAY, starting at 10am	5/16

Teen Programs

The Downtown Clubhouse Teen Room, run by Michelle Rosas, is a safe, private, fun place for teens to gather after school. Michelle offers several BGCA designed programs throughout the week:

Power Hour / Teen Discussion Mon - Thu, 3:45 - 4:30pm

Toastmasters: Teens practice writing and public speaking skills.

SMART Girls: Health, fitness, prevention/education, and self-esteem enhancement programs for girls. The program is designed to encourage healthy attitudes and lifestyles.

Games: Youth challenge themselves by working in teams to win at popular games.

Political Animals/ Know Your Rights Group: Teens research current political candidates and political stances that effect their daily lives. They hold mock debates and learn about the system that governs their lives. They also research what their rights are as students, as minors, as immigrants, and as young American citizens.

Passport to Manhood: This program fosters positive values and responsible behavior in boys 11 to 14 while giving them practice in making healthy decisions related to their physical, cognitive, emotional, and social development. As they build and practice life skills for decision-making, conflict resolution, and healthy relationships, boys learn the essential attitudes, values, and skills they need to become responsible adult men.

"Do Something" Community Service: In conjunction with DoSomething.org, teens pick causes that are close to their hearts (i.e.: bullying, health, criminal justice) and pick projects surrounding those issues.

Life Skills: Youth have the opportunity to participate in activities and lessons focusing on important life skills. Topics include, automobile care, drivers license readiness, basic cooking lessons and more!



BOYS & GIRLS CLUBS
OF SANTA CRUZ COUNTY
DOWNTOWN CLUBHOUSE

2016-17 Afterschool Program

Bay View, Mission Hill and Gault Walking Bus

Club staff walk students to the Boys & Girls Club after school Mon - Fri. See front desk for registration.

Bay View walking bus details: Club staff meet students by cafeteria doors to small parking lot at 2:45, depart at 3pm, and arrive at Club by 3:30pm. On Wednesdays, meet at 12:45, depart at 1p, arrive at Club by 1:30p. Cost is \$5.00 per week paid in advance at the Club. *ONLY registered members will be picked up.*

Mission Hill Middle School walking bus details: Club staff will escort 6th, 7th & 8th graders from Mission Hill campus to the Club each day after school. This program is free of charge.

Gault walking bus details: Club staff meet students at picnic tables in school yard to depart Mon, Tues, Thurs, and Fri at 3p and Wednesdays at 1pm. \$10/week. *ONLY registered members will be picked up.*

Extended Hours Days & Club Closures

Extended Hours Days - open 7:30am-6pm

Cost: \$5.00 per day/child

- Fri, November 11: Veterans' Day
- Mon-Wed, November 21-23: Thanksgiving Break
- December 23, 27-30, Jan 3-6: Winter Break
- Mon, February 13: Lincoln's Birthday
- Mon-Fri, April 3 - April 7: Spring Break

Adjusted Hours Days - open 10:00 am

- Fri, January 20: Secondary school staff work day
- Mon, January 23: Secondary school staff work day

Open Early Minimum Days - open 12:30 pm

- Thurs, Dec 22: Winter Break Start
- Fri, March 31: Spring Break Start
- Fri, May 27: Memorial Day Weekend*

Early Closures

- Wed, Dec 14: Staff Party **CLOSED 6PM**
- Thu, Mar 23: Youth of the Year Banquet **CLOSED 6PM**

Club Closures

- Mon-Fri, August 22-26: Summer Cleanup Week
- Mon, September 5: Labor Day
- Thurs-Fri, November 24-25: Thanksgiving Holiday
- Mon, December 26: Christmas Weekend
- Mon, January 2: New Year's Weekend
- Mon, January 16: Martin Luther King Jr. Day
- Mon, February 20: Presidents' Day
- Mon, May 29: Memorial Day
- Mon-Fri, June 5-9: Summer Prep Week
- Tue, July 4: Independence Day
- Mon-Fri, Aug 21-25: Summer Cleanup Week



Monday – Friday

Program Hours: 2pm – 7pm

Wednesdays 12:30pm – 7pm

Open to youth ages 6 – 18

Annual membership: \$60

Activities Include

- Homework Assistance
- Games Room Tournaments
- Gym & Sports Activities
- Arts & Crafts and Music
- Computer & Technology Programs
- Recreational Swim
- Field Trips

For more information, contact us at:
543 Center Street, Santa Cruz, CA 95060
Phone: (831) 423-3138 ext. 22
www.boysandgirlsclub.info



Visit our website for updated program information:

www.boysandgirlsclub.info

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