

Afterschool Program Overview

During the afterschool program at the Boys & Girls Clubs of Santa Cruz County, Club members are encouraged to participate in a variety of programs and activities that promote good character, academic success, personal responsibility, exploration and fun. While at the Club, members are placed in age appropriate groups and have scheduled time in each of our program areas, ensuring they receive a fulfilling, well-rounded afterschool experience. Below you will find information on how we structure a typical day:

Sample Daily Schedule

- 2:00 - 3:45pm Check in, Free time & Snack
- 3:45 - 4:00pm Assembly
- 4:00 - 5:00pm Power Hour (Homework hour)
- 5:00 - 5:15pm Assembly
- 5:15 - 6:45pm Rotations:

Time	Games Room	Art	Gym	Computers
5:15 - 6:00	6 & 7	8 & 9	10 & up	6 & 7
6:00 - 6:45	8 & 9	10 & up	6 & 7	8 & 9

- 5:35 - 6:35pm Open Swim
- 6:45 - 7:00pm Clean up



Weekly Program Highlights

- **Open Swim:** Mon, Tue, Wed, Fri 5:35 - 6:35pm and Thursdays 5:55 - 6:35pm
- **Technology Program:** Daily computer activities will feature lessons on coding, MinecraftEdu, Internet safety sessions, as well as other education-based game play.
- **Creative Arts:** Members will work both individually and in groups to create works of art using a variety of media. Projects will include: collage, drawing, watercolor and acrylic painting, arts and crafts, group mural projects and much more.
- **Education & Academic Enrichment:** Club members will participate in activities relating to the following areas:
 - Science based learning
 - Financial literacy
 - Anti-bullying and self-advocacy
 - Health and life skills classes with emphasis on healthy food choices and agricultural education
 - Monthly themes focusing on a variety of subjects with supporting projects and activities



Power Hour Monday - Thursday 4:00 - 5:00pm

We offer a free educational enhancement program called **Power Hour** which includes homework help and tutoring. Staff and volunteers provide assistance to members and distribute points and incentives for homework completion which can be exchanged for fun prizes. If members finish homework early, they can participate in other educational activities to further develop their skills.



Teen Programs

Teens aged 12 - 18 years old have their own dedicated Teen Room at the Boys & Girls Club. Throughout the day, teen Club members participate in a variety of programs and activities that promote healthy lifestyles, academic success, and good character and citizenship. Some of the specialized programs that we offer are outlined **on the back page of this brochure**. For more information on the Teen Program, please contact Teen Services Coordinator, April Ochoa, at april@boysandgirlsclub.info.

Special Interest Programs

Arts & Music

Music Lessons - ages 6 & up
Due to limited space and increasing popularity, Club members may only register for 3 consecutive sessions of music programs before they are required to take a break.

Piano Lessons

Beginner: Monday 3:45 - 4:15pm
Monday 4:30 - 5:00pm
Wednesday 3:00 - 3:30pm

Intermediate: Monday 5:00 - 5:30pm
Wednesday 3:45 - 4:15pm
Wednesday 4:30 - 5:00pm

Cost: \$35.00 per 4 week session

Guitar Lessons

Beginner: Monday 3:00 - 3:30pm

Intermediate: Wednesday 5:00 - 5:30pm

Cost: \$35.00 per 4 week session

Studio Recording

ages 8 & up
Learn how to record and mix your own music in our professional recording studio.

Meets Tuesday & Thursday each week:

3:30-4:00pm 4:00-4:30pm 4:30-5:00pm
5:15-5:45pm 5:45-6:15pm

Cost: \$35.00 per 4 week session

Aquatics

Swim Lessons (Group or Private)

Currently unavailable



Swim Team / Water Polo 6 & up

Level 4 swimmers. Combo class provides basic skills and understanding of water polo and swim team competition in a recreational format. No classes during Thanksgiving week, Winter or Spring break. **Mon, Wed, Fri 4 - 5:30pm**

Special 11-week Sessions

Fall: Sept 7 - Nov 18

Registration begins 8/30

Cost: \$95.00 (pro-rated for late entry)

Athletics

Karate Class

Traditional Korean Martial Art, Ho Kuk Mu Sul, taught by Laird's Academy in our clean, bright karate studio.

Beginning Class - 6 & up

Wednesdays & Fridays: 4:00 - 4:45pm

Intermediate Class - orange belts & up

Wednesdays & Fridays: 4:45 - 5:30pm

Cost: \$35.00 per 4 weeks

Dodgeball League

ages 8 & up

Spring League - dates coming

Registration Opens: Feb 7, 6pm

Girls Volleyball

ages 8 & up

Spring League - dates coming

Registration Opens: Feb 7, 6pm

NEW DAYS!

Session & Registration Dates

Most special programs will be held in the 4 week sessions outlined below. Registration dates are Tuesday evenings, from **6pm - 8pm** on the date specified.

Session Dates	Registration Date
Session 1: Tue, September 6 - Sept 30	8/30
Session 2: October 10 - November 4	10/4
Session 3: November 14 - December 16 (no classes week of 11/21)	11/8
Session 4: January 9 - Feb 3	12/13
Session 5: February 13 - March 10	2/7
Session 6: March 20 - April 21 (no classes week of 4/3)	3/14
Session 7: May 1 - May 26	4/25
Summer Registration - ALL DAY, starting at 10am	5/16

Teen Programs

Power Hour / Teen Discussion Mon - Thu, 3:45 - 4:30pm

Toastmasters Mondays, 4:30 - 5:30pm: Teens will practice their writing and public speaking skills during weekly meetings. Participants will prepare short speeches and present them to their peers during a teen program provided dinner.

SMART Girls Tuesdays, 4:30 - 5:30pm: SMART Girls is a BGCA health, fitness, prevention/education, and self-esteem enhancement programs for girls. The program is designed to encourage healthy attitudes and lifestyles that will enable teens to develop to their full potential.

Game Day Wednesdays, 2 - 3pm: Youth will challenge themselves by working in teams to win at popular games.

Political Animals/ Know Your Rights Group Wednesdays, 4:30 - 5:30pm: Teens will do research on the current political candidates and the political stances that effect their daily lives. They will hold mock debates and learn about the system that governs their lives. After the election in November, the group will begin to research what their rights are as students, as minors, as immigrants, and as young American citizens.

Passport to Manhood Thursdays, 4:30 - 5:30pm: This program fosters positive values and responsible behavior in boys 11 to 14 while giving them practice in making healthy decisions related to their physical, cognitive, emotional, and social development. As they build and practice life skills for decision-making, conflict resolution, and healthy relationships, boys learn the essential attitudes, values, and skills they need to become responsible adult men.

"Do Something" Community Service Fridays, 3:45 - 4:30pm: In conjunction with DoSomething.org, teens will pick causes that are close to their hearts (i.e.: bullying, health, criminal justice) and pick projects to do surrounding those issues. The projects can be completed anywhere from an hour to a month, depending on their passions.

Life Skills Fridays, 4:30 - 5:30pm: Each week, youth will have the opportunity to participate in activities and lessons focusing on important life skills. Topics include, automobile care, drivers license readiness, basic cooking lessons and more!

Bay View, Mission Hill and Gault Walking Bus

Club staff walk students to the Boys & Girls Club after school Mon - Fri. See front desk for registration.

Bay View walking bus details: Club staff meet students by cafeteria doors to small parking lot at 2:45, depart at 3pm, and arrive at Club by 3:30pm. On Wednesdays, meet at 12:45, depart at 1p, arrive at Club by 1:30p. Cost is \$5.00 per week paid in advance at the Club. *ONLY registered members will be picked up.*

Mission Hill Middle School walking bus details: Club staff will escort 6th, 7th & 8th graders from Mission Hill campus to the Club each day after school. This program is free of charge.

Gault walking bus details: Club staff meet students at picnic tables in school yard to depart Mon, Tues, Thurs, and Fri at 3p and Wednesdays at 1pm. \$10/week. *ONLY registered members will be picked up.*

Extended Hours Days & Club Closures

Extended Hours Days - open 7:30am-6pm

Cost: \$5.00 per day/child

Fri, November 11: Veterans' Day

Mon-Wed, November 21-23: Thanksgiving Break

December 23, 27-30, Jan 3-6: Winter Break

Mon, February 13: Lincoln's Birthday

Mon-Fri, April 3 - April 7: Spring Break

Adjusted Hours Days - open 10:00 am

Fri, January 20: Secondary school staff work day

Mon, January 23: Secondary school staff work day

Open Early Minimum Days - open 12:30 pm

Thurs, Dec 22: Winter Break Start

Fri, March 31: Spring Break Start

Fri, May 27: Memorial Day Weekend

Early Closures

TBA

Club Closures

Mon-Fri, August 22-26: Summer Cleanup Week

Mon, September 5: Labor Day

Thurs-Fri, November 24-25: Thanksgiving Holiday

Mon, December 26: Christmas Weekend

Mon, January 2: New Year's Weekend

Mon, January 16: Martin Luther King Jr. Day

Mon, February 20: Presidents' Day

Mon, May 29: Memorial Day

Mon-Fri, June 5-9: Summer Prep Week

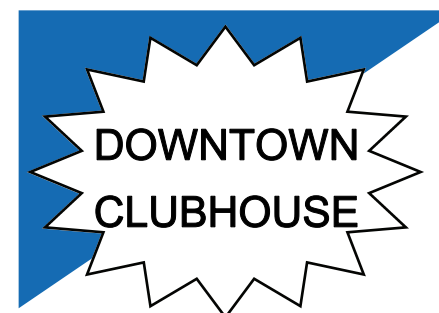
Tue, July 4: Independence Day

Mon-Fri, Aug 21-25: Summer Cleanup Week

Visit our website for updated program information:

www.boysandgirlsclub.info

Like us on Facebook for photos and updates



BOYS & GIRLS CLUBS
OF SANTA CRUZ COUNTY
DOWNTOWN CLUBHOUSE

2016-17 Afterschool Program

Monday - Friday

Program Hours: 2pm - 7pm

Wednesdays 12:30pm - 7pm

Open to youth ages 6 - 18

Annual membership: \$60

Activities Include

- Homework Assistance
- Games Room Tournaments
- Gym & Sports Activities
- Arts & Crafts and Music
- Computer & Technology Programs
- Recreational Swim
- Field Trips



For more information, contact us at:

543 Center Street, Santa Cruz, CA 95060

Phone: (831) 423-3138 ext. 22

www.boysandgirlsclub.info

